
EC BOCES Principal Cluster

Wednesday, 10.09.2024

Agenda:

- 9:00 am** **Welcome and Introductions**
Centennial Mental Health. Presenters: Maranda Miller and Kris Schell
Part I: Overview of Multiple FREE Resources available to most School Districts
See Attached Flyer outlining what CMH can provide.
- 10:00 am** **Break**
- 10:10 am** **Part II: “How to Be A Trusted Adult” Professional Development for School Staff.**
Note - CMH will present in your school or provide powerpoint so you train staff.
Research suggests that young people who connect with at least one trusted adult in school are more resilient and have a stronger sense of well-being. Most adults find it rewarding to celebrate successes with children and youth, however many adults feel ill-prepared to engage in conversations when youth are having personal challenges. Our goal is to give adults strategies and techniques to be in authentic conversations, listen empathetically and connect young people to helpful resources. **Q&A to follow.**
- 11:10 am** **Break**
- 11:20 am** **Leadership Activity**
- 11:45 pm** **Lunch**
- 12:30 pm** **Utilizing SEL Programs with Multi-Tiered Systems of Support (MTSS) - Traci**
Working with CDE for a MTSS presentation for principals. Many of our Social Emotional Learning programs include MTSS. Use SEL to build MTSS capacity.
- 7 Mindsets - Using Mindsets with MTSS to Transform School Communities.**
Presenter: Hayden Schickler
It’s important to recognize that some students need more than just mindset work to be successful, and that’s why it’s also essential to offer tiered support for students who may already be struggling with Mental Health challenges as well. 7 Mindsets’ multi-tiered approach to meeting the needs of learners and educators by assessing, guiding, and supporting the well-being of all. Whether your focus is on enhancing student behavior, fostering resilience, increasing happiness & well-being in your learning community, or boosting academic performance, this session offers tools and insights to help you build a safe, supportive, and thriving learning community using positive mindsets & MTSS.
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1:15 pm **Break**

1:30 pm **Michelle Murphy, Attorney and Executive Director for Colorado Rural Schools Alliance**

Michelle will be seeking interest and gathering information from Principals and Assistant Principals about participating in future legal roundtable discussions. The purpose of the round table discussions are to address current issues with principals and how to respond to misconduct by staff and students. The goal is prevention through protocol, learning and being proactive.

2:30 pm **Reflections and Evaluation**